MOTHER TERESA WOMEN'S UNIVERSITY KODAIKANAL – 624101

B.A HISTORY - 2018 ONWARDS

(Choice Based Credit System)

Department of Historical Studies

& Tourism Management

May 2018

MOTHER TERSA WOMEN'S UNIVERSITY

KODAIKANNAL – 624101

B.A History

Course structure for the major History under TANSCHE

SEMESTER-1

	SUBJECT CODE	COURSE TITLE	CREDIT	HOU RS	CIS	ESE	TOTAL
1	ULTA11	Tamil - I	3	6	25	75	100
2	ULEN11	English –I	3	6	25	75	100
3	UHST11	History of India upto 1206 AD	4	5	25	75	100
4	UHST12	History of Tamilnadu upto 1336 AD	4	5	25	75	100
5	UHSA11	Modern Governments I/ Aspects of political Theory	4	5	25	75	100
6	UVAE11	Value Education	3	3	25	75	100
		Communicative Skills					
	Total credits		21				

SEMESTER II

S.NO	CODE	TITLE	CREDIT	HOS	CIS	ESE	TOTAL
1	ULTA22	Tamil – II	3	6	25	75	100
2	ULEN22	English –II	3	6	25	75	100
3	UHST21	History of India, 1206-1707	4	5	25	75	100
4	UHST22	Socio-Cultural History of Tamil Nadu, 1336-1800	4	5	25	75	100

5	UHSA22	Modern Governments –II /	4	5	25	75	100
		Principles of Public					
		Administration					
	UEVS21						
6		Environmental Studies	2	2	25	75	100
7		Personality development / Leadership					
	Total credits		20	30			

SEMESTER -III

	CODE						
S.N		TITLE	CREDIT	HOS	CIS	ESE	TOTAL
О							
1	ULTA33	Tamil – III	3	6	25	75	100
2	ULEN33	English – III	3	6	25	75	100
3	UHST31	History of India, 1707-1947	4	5	25	75	100
4	UHSA33	History of Tamilnadu, 1800- 1947	4	5	25	75	100
5	UHSE31			4	25	75	100
6	ULSN31	Tourism Principles and Practices	2	2	25	75	100
7	UHSS31	Computer Application in History - Theory	2	2	25	75	100
	Total credits		21	30			

SEMESTER -IV

S.NO	Code	TITLE	CREDIT	HOS	CIS	ESE	TOTAL
1	ULTA44	Tamil – IV	3	6	25	75	100

2	ULEN44	English – IV	3	6	25	75	100
3	UHST41	History of Contemporary India, 1947-1985	4	4	25	75	100
4	UHST42	History of Contemporary Tamilnadu, 1947-1989	4	4	25	75	100
5	UHSA44	Principles and Methods of Archaeology	4	3	25	75	100
6	UHSE42	Human Rights	3	3	25	75	100
7	UHSN42	History for Competitive Examinations	2	2	25	75	100
8	UHSS42	Guidance and Counselling	2	2	25	75	100
	Total credits		25	30			

SEMESTER -V

	CODE						
S.N		TITLE	CREDIT	HOS	CIS	ESE	TOTAL
О							
1	UHST51	History of World Civilization upto AD 476	4	5	25	75	100
2	UHST52	History of Europe,1453 - 1789	4	5	25	75	100
3	UHST53	Constitutional History of India, 1858- 1950	4	5	25	75	100
4	UHST54	Fundamentals of Tourism in India	4	5	25	75	100
5	UHST55	History of America , 1776 – 1945	4	5	25	75	100
6	UHSE53	History of Far East Since 1900.	3	3	25	75	100

	UHSS53	History for Competitive					
7		Examinations / Event	2	2	25		100
		Management				75	
		EDP/ Seminar/ News paper					
		reading					
	Total credits		25	30			

SEMESTER -VI

s.NO	PAPER CODE	COURSE TITLE	CREDIT	HOS	CIS	ESE	TOTAL
1	UHST61	International Relations Since 1945 AD	4	5	25	75	100
2	UHST62	History of Science and Technology , 1800- 2000	4	5	25	75	100
3	UHST63	History of Europe 1789- 1945	4	5	25	75	100
4	UHST64	Epigraphy	4	5	25	75	100
5	UHST65	History of Modern Asia	4	5	25	75	100
6	UHSE64	Elements of Historiography	3	3	25	75	100
7	UHSS64	Yoga and Meditation	2	2	25	75	100
8	USEA61	Extension activity	3				
			28	30			

Total credits:140

Total marks:4200

Question Pattern

Part -A

Objective type – Two questions from each unit (10 x1+10)

Part -B

Either or

One pair of question from each unit

Part-C

Essay type

Open Choice (3x10)

SEMESTER - I

HISTORY OF INDIA UPTO 1206 AD

Objectives

- > To provide a detailed survey of different facts of Ancient Indian History
- > To bring to limit light the origin and growth of new religious institutions in India and its spread to different parts of Asia.

UNIT I

Geographical features – impact of geography on Indian History – Unity and Diversity – Sources for Ancient Indian History – Indus Valley Civilization- Dravidian and Aryan civilizations.

UNIT II

Rise of Buddhism and Jainism – Spread of these Religions - decline- Asoka – Religion – Mauryan Administration – Decline.

UNIT III

The Guptas – Samudra Gupta – his career and achievement – the administration under the Guptas – Social and economic condition – art- literature – the Golden age – Decline.

UNIT IV

Harsha Vardhana – Early Career – achievement – social and economic condition under his rule – Religion – Administration – Estimate.

UNIT V

The foreign invasions – Arabs – Ghaznavid invasions.

Maps:

- 1. Sites of the Indus Valley Civilizations.
- 2. Asoka's empire
- 3. The Gupta Empire
- 4. Harsha's Empire.

Reference Books:

- 1. Ishwari Prasad The Short History of Muslim rule in India.
- 2. Luina Evolution of Indian Culture
- 3. Majumdar R.C & others Advanced History of India
- 4. A.L. Srivastsava -Delhi-Sultanate-MughalEmpire1526-1707A.D

SEMESTER - I

HISTORY OF TAMILNADU UPTO 1336 AD

Objectives

- > To enable students to gain an in depth knowledge about the Socio-political cultural developments in Ancient Tamilnadu
- To make students aware of the contribution of early Tamilnadu to art and Architecure.

UNIT I

Pre- Historic Period – Land and Races – hunting, food gathering- fishing and producing – Tribal practice.

UNIT II

Sources – Archaeological, Numismatics, Literature – Sangam age- Sangam Society literature – people - Economy, professions – faith and beliefs- religious life – caste system – slavery – status of women – concept of Karpu- economic- cultural – conditions – international trade.

UNIT III

Post Sangam age to AD 900 – Social life, under Pallavas Bhakthi movement – Hinduism – Economic art and architecture.

UNIT IV

Imperial Chola society – Society- caste system – Valangai and Idangai conflicts – slavery – temple centered culture – Devadasi system – Art and architecture -status of women.

UNIT V

Later Pandya Age – Emergence of Imperial Pandyas –Consolidation of power – Social – Economic – Art and Architecture – Muslim invasions, Madurai Sultanate Tamil country under the Vijayanger Empire -Art and Architecture.

Reference Books:

1. Kanagasabhai, V.V. - The Tamils, 1880 Years Ago

2. K.K.Pillay - Tamilnadu people and culture(in Tamil)

3. Subrahmanian, N. - Social and Cultural History of

Tamilnadu upto A.D.1336

4. Sastri K.A.N. - The Cholas

5. Srinivasa Aiyangar P.T - History of the Tamils

SEMESTER - I

MODERN GOVERNMENTS - I

Objectives

- > To impart knowledge about the basic features of constitution.
- > To know the different forms of state and politics.
- To enable the students to face competitive examinations

UNIT I

Basic concepts; state and its elements – Constitution, Classification of Constitutions - Forms of government: Unitary, Federal, Quasi Federal – theory of separation of powers.

UNIT II

Executives; Presidential, Parliamentary – Quasi Presidential – Legislature; Bicameral and Unicameral – Judicial Review, Rule of law, Administrative law- Party system; one party, Bi-party and Multiparty system, Pressure groups.

UNIT III - England

Constitution, salient features – the Queen, the Prime Minister, Cabinet parliament; House of Common and House of Lords- law making – Committee system – Rule of law- Party system – Judiciary – Structure – Powers.

UNIT IV - America

United States of America; Constitution- salient features - Federalism- the President; election, position, powers vice President - Powers and Position.

UNIT V

The Congress; House of Representatives, Senate, Pre – eminence of Senate, law making, Committee system – Political parties – Judiciary, Judicial Review Political parties, Pressure groups.

Reference Books:

- 1. V.D. Mahajan Modern Governments
- 2. V.P. Juneja World Constitutions
- 3. Dr. P.Gomatthinayakam Modern Governments
- 4. T.S. Ramalingam -Modern Governments

SEMESTER - I

ASPECTS OF POLITICAL THEORY

Objectives

- > To understand the political theory
- > To know the importance of Democracy and ideology
- > To study about the Indian and Western political thoughts.

UNIT I

Political theory: Meaning and approaches.

UNIT II

Theories of the State: Liberal, Neoliberal, Marxist, Pluralist, Post-Colonial.

UNIT III

Democracy: Classical and Contemporary theories – different models of democracy- representative, participatory and deliberative.

UNIT IV

Political Ideologies: Liberalism, Socialism, Marxism, Gandhism and Feminism.

UNIT V

Indian and western political thoughts Political Ideas in Dharmashastra, Arthashastra and Buddhist traditions- Political thoughts of Sir Syed Ahmed Khan, Sri Aurobiondo, M.k. Gandhi, B.R.Ambedkar, Plato, Aristotle, Machiavelli, J.S.Mill and Marx.

SEMESTER - I

VALUE EDUCATION

Objectives:

- > To create an awareness of the vital and moral values of life.
- To include value education as an integral part of the learning process.
- > To create positive attitude among students.

UNIT I

Values – Definition – value Crisis – need for practicing positive values for good life – value erosion – its impact on individual, societal – cultural level –way out.

UNIT II

Family, material, human values – good health – individual and intellectual freedom – human progress- progress- production and distribution – prosperity and peace – Aesthetic values – sense of beauty – moral ethical value – conscience – integrity- fairness.

UNIT III

Social values – cooperative living – healthy behaviours – justice – social responsibility – free from bribery and corruption – good citizen – good society – pursuit of excellence – Psychological values – self esteem and acceptance – emotional intelligence- spiritual values – devotion and self fulfilment.

UNIT IV

Bio – ethics – definition – goals and objectives – love of life – animal use and ethics – medical ethics – negligence and wrong judgements – issue genomes on organ transplantation – donors – drugs – morality – social ethics child labour and bonded labour.

UNIT V

Women and development – sex versus gender- women's rights- factors affecting development- violence against women – right to privacy – abortion and reproductive rights – Social stigma- Woman empowerment – social, economic and political – government program and policies.

Reference Books

1. K.G.S. Ramanan - Value Education, New century book house, Chennai.

SEMESTER - I

COMMUNICATIVE SKILLS

UNIT I

Communication: Definition, Nature and Scope of Communication – Importance and purpose of Communication- Types of Communication.

UNIT II

Effective Communication: Essentials of effective communication- Techniques – Barriers to communications.

SEMESTER - II

HISTORY OF INDIA, 1206 - 1707

Objectives

- > To provide historical background of the conquest of India by the Sultans and the Mughals.
- ➤ To bring to limelight the different facts of the history of Delhi Sultanate Mughal Empire, Vijayangar Empire in the History of Medieval India.
- > To prepare for competitive examinations.

UNITI

The Rajputs - Origin - various theories - Yadavas of Devagiri - Kakatiyas of Warangal - Hosysalas of Dwarsamudra.

UNIT II

Delhi Sultanate – Slave Dynasty – Qutb-Uddin Aibak – Iltumish - Bablan – Reforms – The Thuglaqs – Mohammed Bin Thuglag – Reforms – Feroz – Administration – Reforms – Administration under Delhi Sultanate- Art and Architecture – Downfall.

UNIT III

The Deccan Kingdom – Vijayanagar Empire – Origin – Krishnadevaraya – the battle Talaikkota – Administration – Art and Architecture- Literature- Muhammed Gawan – Downfall.

UNIT IV

The Mughal Empire – India on the eve of Babar's Invasion – Conquests – Administration – Humayun – Sher Shah's Conquests – Administration – Akbar the Great - conquests – Religious Policy.

UNIT V

Jahangir – wars – Shah Jahan – Deccan Policy – Golden Age of Mughals- War of succession- Auranga Zeb – conquests – Religious policy – relationship with Shivaji – Down fall – Mughal Administration – Social, Economic and Cultural Condition.

Maps:

- 1. India under the Muhammad Bin Thuglag
- 2. Babur's Empire
- 3. Akbar's Empire
- 4. India under Aurungzeb.

Reference Books:

1. Ishwari Prasad - The Short History of Muslim rules in India.

2. Sathiannathier R. - History of India

3. Srivatsava, A.L., - Delhi Sultanate – Mughal Empire (1526-1707)

4. Stanley Lanepoole - History of Mughal Emperors in Hindustan.

SEMESTER - II

SOCIO – CULTURAL HISTORY OF TAMILNADU ,1336 - 1800

Objectives:

- ➤ To enable students to gain an in depth knowledge about the contribution of the Cholas and Pandyas
- To know the Tamil politics and culture
- To trace the emergence of Muslim and Vijayanagar rule in Tamilnadu.

UNIT I

Invasion of Kumara Kampana – Nayakar system- Nayaks of Madurai – from Viswanatha Nayak of Madurai – from Viswanatha Nayak to Queen Meenachi – Nayaks of Senji – Nayaks of Tanjore.

UNIT II

Administration of Nayaks – the Poligar system- social, economic, religious and cultural conditions under the Nayaks – spread of Christianity- contribution of Nayaks to art and architecture.

UNIT III

Maratha rule in Tamil country - Rulers - Contribution of Marathas to Tamil Country.

UNIT IV

Sethupathis of Ramnad- the rule of Arcot Nawabs- Administration.

UNIT V

The arrival of Europeans – Anglo France Colonial Rivalry- the Carnatic wars-Mysore wars in Tamilnadu- the rebellion of Poligars- Khan Saheb- Puli Thevar- Veerapandia Kattabomman- South Indian Rebellion.

Reference Books:

1. R. Sathianathaiyer

- The Nayaks of Madurai

2. Dr.K. Rajayyan

- History of Tamil Nadu(AD1800-1982)

3. Dr.N.Subramanian

- History of Tamil Nadu(AD1800-1982)
- 4. Manglam Murugesan
- Socio Cultural History of Tamil Nadu.

SEMESTER - II

MODERN GOVERNMENTS – II

Objectives

- > To understand the constitution of various Governments
- To endow the students with administrative knowledge.

UNIT I: Switzerland

Constitution: Salient Features, mode of Amendment – Federal Council – Federal Assembly – Instruments and working of Direct Democracy – Judiciary- Powers – Political party system.

UNIT II: France

France – Constitution of the Fifth Assembly Salient Features – Amendment Procedures - Parliament – President – Prime Minister – Judiciary – Law making.

UNIT III: India

Constitution: Salient features, Method of Amendment – Federal Structure, Centre –State relations – Fundamental Rights- Fundamental Duties- Directive Principles of State policy – Emergency provisions.

UNIT IV: India

Executive – President and Vice- President – Election, Position, Powers, Functions, Cabinet- Government – dictatorship, Coalition government and political stability.

UNIT V: India

- a) Parliament Loksabha and Rajyasabha organization, composition, powers, Law making process committee system.
- b) Judiciary Supreme Court: Organization Jurisdiction and Judicial Review.
- c) Electoral System.
- d) Party System.

Reference Books:

- 1. V.D. Mahajan Modern Governments
- 2. V.P. Juneja World Constitutions
- 3. Dr. P.Gomatthinayakam Modern Governments
- 4. T.S. Ramalingam -Modern Governments

SEMESTER - II

PRINCIPLES OF PUBLIC ADMINISTRATION

Objectives

- > To understand the importance of Parliamentary system.
- > . To endow the students with administrative knowledge.

UNIT I

Introduction - State and Government constitution- types of constitution - government and its types- Federal –Unitary- Parliamentary and Presidential.

UNIT II

Theories of separation of powers- executive, legislature and judiciary- meaningnature - scope and importance of public administration- politics administration dichotomy – public and private administration.

UNIT III

Evolution of public administration- politics – public administration basic concept of public administration- principles of public administration- new public administration and new public management administration

UNIT IV

Structure of public administration- staff and auxiliary agencies- human resources and field agencies

UNIT V

Recent trends in Corporate governance – Good governance- impact of LPG on public administration.

Reference Books:

- 1. Dr. Manoj Kumar, Dr. Chandrika Sing,2013 public administration New changes, Regal publication, New Delhi.
- 2. Bhuvanesh Gupta 2013 Theories of Administration wisdom press, New Delhi.
- 3. B.K.Verma, 2014 Public Administration today, Astha Publishers, New Delhi.
- 4. Dr.Joshuvao Miluwi, 2014 Public Administration, Theory and practice Mangalam publication, Delhi
- 5. Prof. Ameshwar Avesthi&prof. Anand

SEMESTER-II

ENVIRONMENTAL STUDIES

Objectives

- > To understand the definition and scope of environmental studies
- > To plan for sustainable develop.
- To create awareness regarding environment and its need for protection

UNIT I

Definition, Scope and Importance – Need for Public Awareness

UNIT II

Renewable and Non – renewable Resources: Natural Resources and associated Problems- Forest resources: use and over- exploitation, Deforestation- Case Studies – Timber Extraction, Mining, Dams and their Effects on Forests and Tribal People.

Water Resources: Use and over – utilization of Surface and Ground Water, Floods, Drought, Conflicts over Water, Dams- Benefits and Problems.

Mineral Resources: Use and Exploitation, Environmental Effects of Extracting and using Mineral resources, case Studies.

Food Resources: World Food Problems, Changes Caused by Agricultural and over Grazing, Effects of Modern Agriculture, Fertilizer- Pesticide, Problems, Water Logging, Salinity, Case, Case Studies.

Energy Resources: Growing Energy Needs, Renewable and Non-renewable Energy Sources, Use of Alternate Energy Sources, Case Studies.

Land Resources: Land as a Resource, Land Degradation, Man Induced land Slides, Soil Erosion and Desertification – Role of an individual in Conservation of Natural Resources- Equitable use of Resource for sustainable life styles.

UNIT III

Concept of ecosystem- Structure and Function of an ecosystem – Producers, consumers and Decomposers – Energy flow in the ecosystem – Ecological Succession – Food Chains, food webs and Ecological pyramids – Introduction – types, characteristic features, Structure and function of the following ecosystem forest ecosystem – Grassland Ecosystem – Desert ecosystem – Aquatic Eco system(ponds, Streams, Lakes, Rivers, Oceans, Estuaries)

UNIT IV

Introduction – Definition: Genetic, Species and Ecosystem Diversity – Biographical Classification of India – Value of Biodiversity: Consumptive Use, Productive use – Social, ethical, Aesthetic and option Values – Biodiversity at Global, National and Local Levels-India as a Mega – Diversity Nation- Hot – spots of Biodiversity – threats to Biodiversity: Habits loss, poaching of Wildlife, Man-wildlife Conflicts – endangered and Endemic Species of India.

UNIT V

Environmental Pollution: Definition, Causes, Effects and Control Measures of Air Pollution- Water pollution- Soil Pollution – Marine Pollution- Noise Pollution- Thermal Pollution- Nuclear Hazards.

Solid waste management: Causes, Effects and Control Measures of Urban and Industrial wastes – Role of n Individual in prevention of Pollution- pollution case studies- Disaster Management: Floods, Earthquake, Cyclone and Landslides.

UNIT VI

From unsustainable development – urban problems related to energy- Water conservation, Rain Water harvesting, Watershed Management- Resettlement and Rehabilitation of people: Its problems and Concerns – Case Studies- environmental Ethics; Issues and possible Solutions – climatechange, global Warming, acid rain, ozone layer Depletion, Nuclear Accidents

and Holocaust- Case studies - wasteland reclamation - Consumerism and Waste products -

Environmental Protection Act - Air (prevention and control of pollution)Act -

Water(preservation and control of pollution)Act- Wildlife (protection)Act-

Forest(conservation)Act- Issues involved in enforcement of Environmental legislation-Public

Awareness.

UNIT VII

Population Growth, Variation among Nations- population explosion- Farmily

Welfare Programme - Environment and Human Health- Human Rights Value Education -

HIV/AIDS –Women and Child Welfare –Role of information Technology in Environment and

human Health - Case Studies.

UNIT VIII

Visit to a Local Area to Document Environmental Assets - river, forest

Grassland/ Hill/Mountain – Visit to a local polluted site- Urban/Rural/Industrial/Agricultural –

Study of Common Plants, Insects and Birds- Study of Simple Ecosystems- Pond, River Hill

Slopes etc. –(Field work Equal to 5 Lecture Hours).

Reference Books:

1. Agarval, S.K&R.K Carg- Environmental Issues and Researches in India.

2. Berbert, C&Desh Bandhy-Environmental Education for Conservation and Development

3. Chavan R.S.

-An Approach to International law

4. Glahn, Von Gehard -Law among Nations

SEMESTER 11

PERSONALITY DEVELOPMENT

UNIT I: Personality meaning definition- Introduction to personality- ideographic Analyse

self understanding, self esteem.

UNIT II: Types of studies in Behavioural Genetics, Twin, Family & Adoption

SEMESTER - II

LEADER SHIP

UNIT I: Personal assessment- Challenges.

SEMESTER-III

HISTORY OF INDIA, 1707 - 1947

Objectives

- To trace the historical background of the conquest of India by the European Powers.
- > To enable the students understand the different facts of the Indian National Movement.
- To create patriotic feeling among students.

UNIT I

The Advent of Europeans- Portuguese- Dutch – English and the French Anglo-French rivalry in the Carnatic- The establishment of the English power in the Bengal – Clive administration.

UNIT II

Warren Hastings – Reforms- Lord Cornwallis – Reforms- Permanent Land Revenue Settlement- Lord Wellesley – The Subsidiary system – William Bentinck reforms, Lord Dalhousie- Reforms – Policy of Annexations- Revolt of 1857.

UNIT III

Regulating Act of 1773- Pitt's India Act, Queen's Proclamation, Lord Canning-reforms, Lord Curzon- Policies and Administration.

UNIT IV

India's march towards Independence – Birth of Indian National Congress-Extremist Movement- Home Rule Movement – Non Co –operation, Civil Disobedience Movements, Quit India Movement- Partition -Independence.

UNIT V

Socio – Religious Reform movement – Brahmo Samaj- Arya Samaj- The Theosophical society – Aligarh movement.

Reference Books

- 1. R.C.Majumdar & others
- Advanced History of India

- 2. Vincent Smith
- The Oxford History of India
- 3. S.C.Roy Choudry

- History of Modern India

4. B.L.Grover

- A New Look on Modern Indian History

5. Agarwal

- Constitutional History of India.

SEMESTER -III

HISTORY OF TAMILNADU ,1800-1947

Objectives

- To provide a detailed survey of different facts of Modern Tamil Nadu History
- > To bring to limelight the role of Tamil Nadu in Indian National Movement

UNIT I

South Indian Rebellion – Vellore Mutiny of 1806 A.D- Causes- Course – Consequence – The British Land Revenue Administration- Ryotwari system – Judiciary UNIT II

Indigenous Education-Introduction of Western Education – Christian

Missionary Activities - Conversion to Christianity – Social –Religious Reform Movements
Temple Entry Movements. The Rise and Fall of the Justice Party – The Self Respect Movement

UNIT III

Role of Tamil Nadu in Freedom Struggle - The Early Phase- V.O Chidambaram Pillai- A. Subramanya Bharathi – Vanchinathan – Subramanya Siva – Annie Besant – The Later Phase- Rajaji- Kamaraj- Ruckmini Lakshmipathi

UNIT IV

Tamil Nadu under Congress Rule, 1937-39 – The Economic Development of Tamil Nadu till 1947.

UNIT V

Rise of Dravidian Politics – Dravidar Kalagam. Pre Dravidian Politics of Tamilnadu.

REFERENCE

- 1. Chellam, V.T. History of Tamil Nadu, Kudal Publications, Madras, 1995.
- 2. Devanesan, History of Tamil Nadu, Benu Publications, Madurai, 1990.
- 3. Rajayyan. K, History of Tamil Nadu, Ratna Publications, Trivandrum, 1989.
- 4. Thangavelu.K, Tamilaga Varalatru Variai the milaga samooga panpaattu varalaru

SEMESTER - III

HISTORY OF INDIAN WOMEN UPTO A.D.1985

Objectives

- 1. To make the students understand the status of women in society
- 2. To create awareness regarding their rights and responsibilities
- 3. To empower women students.

UNIT I

Definition of Women Studies – Terminologies- subject matter of women's Studies-Importance of Women studies – purpose of Women Studies.

UNIT II

Women's in Vedic, Epic, Sangam and Muslim period, Women in Freedom movement – Jansirani Laxmi Bai, Annie Besant, Sarojini Naidu, kasthuri Bai Gandhi, Vijayalakshmi Pandit, Suchetha Kripalani and Indira Gandhi

UNIT III

Problems to women Issues related to women- Dowry – Divorce- Suicide, Prostitution& Sexual Exploitation, discrimination etc, Problems of working women- Crimes and violence on Women – Foeticide, Female Infanticide, disparity at home, Eve-teasing – Ill treatment by her relatives etc.

UNIT IV

Government Policy towards Women- Centre and State Government- Policies on women after 1947- Social Welfare Programmes for women- Central State and District level.

UNIT V

Women's Organizations and Women's Movement in the 20th century- Self Help Movement – Green Belt Movement- Movement for Social reform- Women's Movement in Tamil Nadu.

Reference Books:

1. Agnew, Vijay - Elite Women in Indian Politics (Shakthi, New Delhi, 1986)

- 2. Altekar A.S. The position of Women in Hindu civilization; From pre historic times to the present day(Mothilal Banorsias, New Delhi, 1983)
- 3. Bala, Sha and Anusha Sharma- Indian Women Freedom Fighters(1857-1947)(Manohar, New Delhi, 1986)
- 4. Desai, Neera Women in Modern India
- 5. Premalatha,P.N. Nationalism and Women's Movement in South India, 1917-1947, Delhi,2003

SEMESTER - III

TOURISM PRINCIPLES AND PRACTICES

Objectives:

- > To understand the development of tourism
- > To equip the students with needed knowledge and skills for employment in tourism sector

UNIT I

Tourism – definition – types of tourism – tourist – definition – Emerging concepts.

UNIT II

Tourism through the ages – Ancient, Medieval and Modern

UNIT III

Basic Components of Tourism- Attraction; Natural and Manmade – Accommodation; Hotels- Types – Classification – Accessibility; Transport, Types – Air, Land and water.

UNIT IV

Travel Agency- Tour Operators- Types and Functions – Itinerary- Tour Packages-TAAI- IATA-WTO

UNIT V

Tourism Products- Special features- Tourism marketing – Traditional vs Online marketing.

Reference Books:

- 1. Bhatia A.k : Tourism Development; principles and Practices (New Delhi 1994)
- 2. Holloway Christopher .J : The Business of Tourism
- 3. Kaul. R.L., : Dynamics of Tourism; A Triology (New Delhi 1985)
- 4. Premalatha P.N : Tourism Development(Tamil) (Kodaikanal -2000)
- 5. Seth P.N : Successful Tourism Management (New Delhi 1987)

SEMSETER - III

COMPUTER APPLICATION IN HISTORY- THEORY

Objectives:

- > To understand the computer operation
- > To know the various operating system
- > To train the students for job.

UNIT I

Introduction to computer and its components.

UNIT II

Personal Computers – Input, Output and Storage Devices.

UNIT III

Various Operating System-MS – DOS- WINDOWS, UNIX.

UNIT IV

Selection of Hardware & Software

UNIT V

Word Processing - MS- Office.

Reference Books:

- 1. J.L. Ruff Structuring the past the use of computer in History
- 2. Holgerson L.W. CD Rom, Scholarly Research in Humanities
- 3. Hockey Susan A Guide to Computer Applications in the Humanities.

SEMESTER-IV

HISTORY OF CONTEMPORARY INDIA, 1947 - 1985

Objectives

- > To impart knowledge about the History of post Colonial India
- To make the students aware of the foreign policy of India

UNIT I

Integration of Indian states- Role of Mountbatten – Role of Vallabhai Patel – making of Indian Constitution – Indian Constitution Act 1950.

UNIT II

National Symbols – Salient features of Indian Constitution – The Union – Executive – President- Vice President- Council of Ministers- Legislature Nehru Era- Role of Indian in world politics – Pancha Sila – Lal Bagadur Sastri- Indira Gandhi's administration – World affairs.

UNIT III

Mass Communication – Radio – Doordarshan – Press – Films – News- Agencies-Publication Division – Audio- Visual media- planned Economy of India- Five year plans-Agriculture- Horticulture.

UNIT IV

Rural development – Panchayat Raj – Rural Housing- Health and Family Planning – Import and Export policy- Welfare programmes.

UNIT V

Transport and Communications- Roads, Railways – Shipping- postal network – Telecommunication –Information Technology.

Reference Books:

- R.C.Agarwal Comparative Study of the Indian Constitution
 And administration
- 1. S.Agarwal Press, Public opinion and government of India

- 2. K.P.Bhatnagar -Transport in Modern India
- 3. R.K.Chatterjee Mass Communication.

SEMESTER-IV

HISTORY OF CONTEMPORARY TAMILNADU, 1947-1989

Objectives

- To enable students to gain an in depth knowledge about the Tamilnadu
- > To know the Tamil politics and culture
- > To get administrative knowledge

UNIT I

Sources – Archival – Government Orders –Interview– Oral History- Literary – Media – Census Reports- Annual reports of the Government- Cyber sources.

UNIT II

Politics- Congress Party – K.Kamaraj, M. Bhakthavatsalam, Rajaji – Swatantra party-Dravidian Parties – DMK- C.N.Annadurai – Emergence of ADMK- M.G. Ramachandran – AIDMK administration-DMK administration-Centre- State – Relationship– PMK- Dalit Political Parties

UNIT III

Society – E.V.R. Periyar – Campaign against caste and superstitious beliefs- Education and Empowerment – Technical Education – Development in Science and Technology – Empowerment of women –Self Help Groups – Social Legislations – Legal Protection – Public Health

UNIT IV

Economy – Agrarian Conditions – Irrigation – Industrialization – Tamilnadu Industrial Development Corporation – Department of Handlooms and Textiles – Labour Legislations – Liberalism –Information Technology.

UNIT V

Culture – Painting – Cholamandalam – Dance – Kalakshetra - Bharatanatyam – Music-Madras Music Academy – Tamil Isai Sangam – Folk Arts and Festivals - Koothu Pattarai – Kanduri Festivals of Nagore - Velankanni- Films – Mass Media.

Books for Reference:

Baker. C.J. and Washbrook. D.A. South Indian political Institutions and Political Change

Hardgrave R.L. The Dravidian Movement

Suntharalingam - Politics and National Awakening in South India

Irshick F. Eugene, Politics and Social Conflict in South India – The Non Brahmin Movement and Tamil Separatism

Arurran N.K. – Tamil Renaissance and Dravidian Nationalism

SEMESTER - IV

PRINCIPLES AND METHODS OF ARCHEAOLOGY

Objectives

- To understand the meaning and the scope of the study of Archaeology
- To involve the students in undertaking Excavations
- > To get proud of our ancestors

UNIT I

Definition, scope and value of Archaeology and History – Kinds of Archaeology - role of Archaeologists – Value of Archaeology – Marine Archaeology.

UNIT II

Archaeology in India – Indus Valley Excavations and Explorations – James Princep – Alexandar Cunningham – Robert Bruce Foote – Lord Curzon – Sir John Marshall - Sir Mortimer Wheeler

UNIT III

Surface exploration – methods and equipments – objectives – survey of prehistoric, proto historic and historical sites – survey for a specific problem – method of site survey-Historical literature – previous works – local traditions.

UNIT IV

Principle and methods of excavation – Different kinds of excavations – study of pottery and its importance – Megalithic period in Tamilnadu- Recent excavations- Keeladi

UNIT V

Dating Methods and Conservation of artefacts – Radio carbon –

Thermoluminescence dating – Achaeo – magnetism – potassium – argon dating – pollen

analysis or polynology – dendrochronology dating. Conservation – Bones and ivory objects –

shell – wood – Textiles -Glass- pottery – Metal objects – Iron objects – silver.

Reference Books

- 1. K.V. Raman Principles and Methods Archaeology
- 2. R.Venkatraman Indian Archaeology A Survey
- 3. A. Ekambaranathan-Tholporul Agazhavgu Nerimuraigal.(Tamil)

SEMESTER - IV

HUMAN RIGHTS

Objectives:

- > To understand the value of human rights
- > To know various laws and acts pertaining to human rights.
- To help protect and guide the victims

UNIT I

Definition – Meaning – Characteristics – Scope – theories of Human Rights – Kinds of Human Rights.

UNIT II

Universal Declaration of Human rights – International Covenant on Civil and Political rights – International Covenant on Economic, Social and Cultural rights.

UNIT III

Declarations on the Rights of the Child (1959) – Rights of Disabled persons (1975)-Declaration on the Protection of All Persons from Being Subjected to Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment 1975- Declaration on the Elimination of all forms of Religious intolerance.

UNIT IV

Right of Women – Education- Employment, Marriage, Divorce, Property, Adoption, Inheritance, Widow Remarriage, Eve-teasing, Gender Violence, Women Prisoners, Rape.

UNIT V

National and State Human Rights Commission.

Reference Books:

- 1. Desan violations of Democratic Rights India (Bombay 1956)
- 2. Leah Leven Human Rights in Indian (NBT, 1998)
- 3. Nirmal C.J. Human Rights in India
- 4. Upendre baxi The Rights to be Human 1987

SEMESTER-IV

HISTORY FOR COMPETITIVE EXAMINATIONS

Objectives

- To create awareness of the Competitive Examination
- To equip the students to face various Competitive Examination

UNIT I

General knowledge and General Studies

UNIT II

Current affairs and India Today

SEMESTER - IV

GUIDANCE AND COUNSELLING

Objectives

- To create awareness of who am I
- > To understand their Own problem and getting best possible solutions.

UNIT I

Guidance – getting appropriate information – emotion – self awareness- self motivation- self control- capacity to communicate.

UNIT II

Consulting Experts –Resource Book–Media and Sources etc- Process of interpersonal relationships

UNIT III

Counselling – making oneself to understand one's own problem- psychological Methods- Psychological intervention.

UNIT IV

Finding out the appropriate and best possible solution- Humanistic Approach.

UNIT V

Visiting a counsellor – Working with the Counsellor- developmental counselling.

Reference Books:

- 1. Indu Dave Basic Essentials of Counselling
- 2. Barki & Muhropathy- Guidance and Counselling
- 3. Joe Currie Barefoot counsellor
- 4. Brain Tecksira Udavum Kalai Ariviyal
- 5. Dr.Anada Valli, Dr.S.Jeyapragasam Dr. Gokula Thangasamy- Guidance and Counselling.

SEMESTER - V

HISTORY OF WORLD CIVILIZATIONS UPTO A.D 476

Objectives

- > To understand ancient civilizations and political ideas
- > To study the origin of the religions
- > To develop the feeling of tolerance.

UNIT I

Civilization – Definition – Factors influencing the growth of Civilization-difference between Civilization and Culture.

UNIT II

Egyptian Civilization: geography – The people – Government – social and economic conditions- The arts- Religion – Literature and Learning- estimate of the Egyptian Civilization.

UNIT III

Legacy of the Greek Civilization – Political legacy – Legacy in the fields of Art, Architecture, Religion, Philosophy, Literature, Education and Science.

UNIT IV

Legacy of Roman Civilization, Political legacy, Roman law- Legacy in the fields of Art, Architecture, Religion, Philosophy, Literature, Education and Science.

UNIT V

Aryan Religion – Hinduism- Buddhism- Jainism- Zoroastrianism – Mongolian religion – Confucianism.

Reference Books

1. Arnold T.Tonybee

- A Study of History.

2. J.E.Swain

- A History of World Civilization.

SEMESTER-V

HISTROY OF EUROPE, 1453- 1789

Objectives

- ➤ To understand Renaissance and its results.
- ➤ To trace the Age of Enlightenment.

UNIT I

Europe at the end of the Middle Ages- Renaissance in Europe – Results- Maritime Discoveries of the 15th and 16th centuries- Exploration – Colonization.

UNIT II

Italian Wars- Holy Roman Emperor – Charles V –career and achievement – the reformation in Germany and in other Christian Nations – The Counter Reformation – Effects

UNIT III

France under Henry IV – Reforms of Louis XIII, the Thirty years war- Treaties of Westphalia.

UNIT IV

Rise of Russia- Peter the Great- Policy of Catherine II – Partition of Poland – Russia's war with Turkey- Louis XIV – domestic and foreign policies.

UNIT V

Rise of Prussia- Frederick the great- his wars- Maria Theresa- war of Austrian succession- diplomatic revolution- The seven years war- Joseph II of Australia.

Reference Books:

- 1. A.J.Grant History of Europe
- 2. M.A.L. Fisher -History of Europe
- 3. N.Jeyabalan -History of Europe
- 4. Southgate A Text book of Modern European History

SEMESTER - V

CONSTITUTIONAL HISTORY OF INDIA, 1858 to 1950.

Objectives

- > To know the historical background of Constitution
- > To study the unique features of the constitution
- > To enable the students to face various competitive examinations

UNIT I

Evolution of Indian Constitution – proclamations of Queen Victoria- Indian Council Acts 1861 to 1898.

UNIT II

Emergence of Provincial Government – Act of 1909,1919 – Failure of Diarchy.

UNIT III

1935 Government of India Act- salient features- Cripps Mission- Cabinet Mission-Constituent Assembly.

UNIT IV

National movement and constitutional development- Congress Party- Muslim league – leadership.

UNIT V

Constitution of India – Preamble- Salient features- Parliamentary Democracy in India –amendments.

Reference Books

- M.V. Pylee Constitutional Government in India, Asia Publication House, Bombay ,1997
- Agarwal R.C Constitutional development and National Movement of India, S.Chand &Co, New Delhi, 2004
- 3. Badu,D.D Introduction to Indian Constitution, Prentice Hall, New Delhi, 2004

SEMESTER-V

FUNDAMENTALS OF TOURISM IN INDIA

Objectives

- > To understand the development of tourism
- > To create job opportunities for students

UNIT I

History of Tourism- John Sargent committee- Implementation of the recommendations

UNIT II

Indian Tourism Development Corporation- Department of Tourism –Ministry of Tourism-Functions- Tourism information offices – India and Abroad –Functions – Advertisement – Publicity – Public Relations –Tourism Policies- 1982, 1992, 2002.

UNIT-111

Select Tourist attractions- Golden Triangle- Taj Mahal- Gir National Park- Sundarban Mangroves- Ooty- Kodaikanal-Nilgri Express- Western Ghats- Mamallapuram- Tanjore Big Temple- Kanchipuram-Marina Beach- V.G.P. Golden beach.

Unit-IV

Development of tourism in Tamilnadu- TTDC- functions- Department of tourism- Tourism policies.

UNIT V

Impact of tourism – Socio - Economic and Cultural- positive – International Understanding – Trade Promotion – Employment Opportunities- Regional development- negative- degrading the environment and culture –Health hazards – Abuse of Women and Children- changes in traditional life style.

Reference Books:

- 1. Bhatia A.K. Tourism Development; Principle and Practices (New Delhi- 1994)
- 2. Holloway Christopher. J- The Business of Tourism
- 3. Kaul, R.L., Dynamics of Tourism: A Triology (New Delhi 1985)
- 4. Premalatha P.N. Tourism Development (Tamil) (Kodaikanal 2000)
- 5. Seth P.N. Successful Tourism Management (New Delhi 1987).

SEMESTER-V

HISTORY OF AMERICA, 1776 - 1945

Objectives

- To impart knowledge about the history of United State of America
- > To enable students to understand the world affairs.

UNIT I

Colonisation - American War of Independence- George Washington.

UNIT II

The war of 1812- Monroe Doctrine – Westward Expansion.

UNIT III

The question of Slavery – Abraham Lincoln- Civil war- The Era of reconstruction – Causes and results of Big Business.

UNIT IV

Theodore Roosevelt- USA and First World War- 14 Points of Wilson- Great Depression of 1929.

UNIT V

F.D Roosevelt – U.S.A and World War II- Cold war- J.F.Kennedy.

Reference Books:

1.	Parks H.B	- The United States of America
2.	Hill C.P	- A History of the United States
3.	Canning .S	- History of the United States of America
4.	Venkatesan. G	- History of the United States of America

5. Rajayyan. K - A History of United States of America

6. Woodrow Wilson - A History of America People
 7. H.P. Raskit - The United States of America

SEMESTER - V

HISTORY OF FAR EAST SINCE 1900

Objectives

- To know the history of China, Japan and other Asian Countries
- > To enable the students to understand the development of Asia in international level

UNIT I

Advent of Europeans – Open Door policy – Hundred Days of Reforms – Boxer Rebellion – The Revolution of 1911 – Yuan Shi Kai's Presidency.

UNIT II

Anglo- Japanese Alliance 1902- The Russo – Japanese War- Japan and the First World War – Washington Conference

UNIT III

Dr. Sun Yat Sen and the Kuomintang Party- China under Mao – Communist China's Foreign Policy

UNIT IV

Rise of Militarism – Manchurian Crisis – II Sino- Japanese War – Japan and the Second World War- Post War Japan – Mac Arthur– Reorganization of Japan.

UNIT V

China after Mao- Contemporary China – Contemporary Japan – Relations with America – Science and Technological Developments.

Books for Reference:

- 1. Paul H. Clyde & Bears The Far East
- 2. Majumdar R.K. and Srivatsava History of China
- 3. Sinha. P and Surya. P China and Japan in Ancient power politics
- 4. Thiagarajan J. History of China from 1800-1900 A.D.
- 5. Vinacke Far East

SEMESTER - V

HISTORY FOR COMPETITIVE EXAMINATIONS

Objectives

- > To create awareness of the Competitive Examination
- > To make the students prepared for various Competitive Education

UNIT I: General knowledge about Tamilnadu

UNIT II: Current affairs- World

EVENT MANAGEMENT

UNIT I: Events- Meaning and Types

UNIT II: Event Planning and Organising

SEMESTER - VI

INTERNATIONAL RELATIONS SINCE 1945

Objective

- > To familiarise with various theories and concepts of INR
- > To know the impact of cold war
- To understand the role of world organizations in peace making process.

UNIT I

International relations: Meaning – Scope – approaches to the study – Significance of the study- Important concepts of International relations- Neo – Colonialism – collective security - Balance of Power.

UNIT II

Important theories – Game theory – realistic theory – systems theory – Decision making

UNIT III

Cold war – military pacts – NATO- Warsaw- CENTO – SEATO – SARRC – OPEC – ANZUS and WTO

UNIT IV

International Issues: Korean Crisis Vietnam – Palestin Israel Problem – Gulf Crisis and Oil – Diplomacy.

UNIT V

U.N.O Role in international relations-disarmament - ALT treaties -NPT-CTBT and Atomic race.

Reference Books

1. Carr E.H. - International Relations between the Two World Wars

2. Fleming - The origin of the Cold War

3. Gomathinayagam.P - International Relations Politics and Institutions(Tamil)

4. Johan J.C. -International Politics.

5. Langsam C. - The World Since 1919

6. Morganthau -Politics among nations.

SEMESTER - VI

HISTORY OF SCIENCE AND TECHNOLOGY, 1800 - 2000

Objectives

- To understand the evolution of Science and Technology
- > To know the development of Indian Science
- > To make the Students to understand the development of Science and Technology in Medieval and Modern Period

UNIT I

Science in the 19th century: progress in biology –Charles Darwin – Progress in Physics and mathematics – Michael Faraday – James Clerk Maxwell – Progress in Chemistry – John Dalton – Louis Pasteur, the pioneer of Modern Medicine – Alfred Nobel.

UNIT II

Technology in the 19th Century: Railways – Cycle – Motor Car- Steam Engine – Car- Gasoline Engine Car- Diesel Engine Car- Petrol Engine car- Telegraphs and Telephones – Thomas Alva Edison.

UNIT III

Atomic Science in the 20th century: Albert Einstein and theory of Relativity – Lord Ruther Ford – History of Atom Bomb – Hydrogen Bomb and Atomic Energy.

UNIT IV

Growth of Science in the 20th Century: Rontgen and X-ray – Marie Curie and Radium – Radio and Marconi – Radar – Television- Computers- Pshycology - Sigmud Freud.

UNIT V

Progress of Science and Technology in Modern India – Atomic Energy Commission- Green Revolution.

Reference Books

- 1. S.F.Manson The History of Science
- 2. C. Singer A Short of Science Vol. 16, 18
- 3. S. Varghese Jeyaraj History of Science and Technology.

SEMESTER - VI

HISTORY OF EUROPE, 1789 - 1945

Objective

- > To study the causes and nature of revolution in Modern Europe
- To study the impact of Great Depression in Europe
- > to analyse the causes and impact of Revolutions and Wars in Europe

UNIT I

The French Revolution and Napoleonic Era (1789- 1815) – Vienna Congress of 1815 – Revolutions of 1830 and 1840.

UNIT II

Industrial Revolution in Europe- Its Stages – Socialist and Labour Movements in Europe.

UNIT III

Napoleon III – The unification of Italy and unification of Germany – The European Powers and the Ottoman Empire (1815-1914)

UNIT IV

The Russian Revolution of 1917 – the First World War- Causes , Course and Consequences - the Peace of Paris of 1919 – League of Nations- Collective Security.

UNIT V

Great Depression of 1929-32 Totalitarianism in Europe in Germany, Second World War- Causes, Course and Consequences- U.N.O.

Reference Books

- 1. H.A Davil Blount, An outline History of the World, Read Books, New Delhi, 2007
- 2. J.E.Swain, A History of World Civilization, Eurasia Publishers, New Delhi, 1970
- 3. Thompson David, Europe Since Napoleon, Penguin, London, 1966
- 4. B.V.Rao, History of Modern Europe A.D 1789-2002, III Edition, New Dawn Press, INC, India 2006

SEMESTER - VI

EPIGRAPHY

Objectives

- > To provide a detailed survey of inscriptions
- > To understand the importance of antiquities

UNIT I

Introduction - importance of Epigraphy – Literary- political – Religious- Memorial – legal –Welfare- Social Status and Spurious Inscription.

UNIT II

Antiquity of Writing in South India - Writing materials - Metals& Stones.

UNIT III

Epigraphically forms and contents – Writing materials – Dating of Inscription – Eminent Epigraphists; George Buhler- E.Hultzeh – H. Krishnasastri - K.V. Subramania Iyer.

UNIT IV

Tamil Brahmi Inscriptions: Mangulam- Sittannavasal – Alagarmalai- Pugalur and Arachalur – Importance of the Tamil Brahmi inscriptions- Origin and growth of Vatteluttu and Grantha Inscriptions.

UNIT V

Sample study of select Tamil inscriptions

- 1. Kuram Copper plates of Parameswara I
- 2. Velvikkudi coper Plates of Parantaka Nedunjadaiyan
- 3. Uttiramerur Inscription of Parantaka I
- 4. Kannanur Inscription of Maravarman Sundara Pandya I.

Reference Books:

- 1. R. Nagasamy
- 2. T.V.Mahalingam
- 3. R. Venkatraman
- 4. N.Vairavel
- 5. T.N. Subramanian

- Kalvettiyal
 - Early South Indian Paleography
 - Tamil Epigraphy
 - Kalvettiyalum Koyirkalai Valarchiyum
 - South India Temple inscriptions Vol III.

SEMESTER – VI

HISTORY OF MODERN ASIA

Objectives

- > To know about China, Japan and other Asian countries.
- To make the students aware of the political and social condition of Asian countries.
- To enable the student to understand the importance of Asia in International level

UNIT I

Chinese culture- Manju Rule – Taibing Rebellion – Boxer Rebellion- Foreign influences – Opium wars- Chinese revolution – Dr. Sunyat – Sen– Communist revolution – Mao – Tse – Tung- Development after the second World War.

UNIT II

Meiji Restoration – Japan and First World War – Korean issues - Japanese imperialism – war with China, Russo Japanese war – Manchurian crisis – Washington Conference – Militarism in Japan - Japan and Second World war- Restoration – Development after the Second World war.

UNIT III

Impact of Colonialism on (British) Burma since 1900 – Myanmar(Burma) after independence upto 2000 – French Imperialism in Indo-China and National Movements(Laos, Cambodia and Vietnam) Indonesia Under the Dutch – Nationalism in Indonesia (1900 -42)-Indonesia after Independence- National Unity – Siam in Transition – pre and post Second World War Developments – Malaysia-Nationalism in Singapore – After Independence – Maldives.

UNIT IV

Nationalist Movement in Philippines – United States and Philippine- Magsaysay Revolution – Middle East and Middle and West Crisis – Palestine Liberation Organization – Yazer Arafat – Terrorism.

UNIT V

Regional Organizations – Relevance of NAM today – SAARC and its activities-Role of ASEAN – Nuclearization of South Asia and its Impact.

Reference Books

- 1. Nikshoy C.Chaterji History of Modern Middle East, Sterling Publishers private limited.
- 2. N.Jeyapalan History of far East (!800 -1985)
- 3. L.Sharma History of Far East

SEMESTER - VI

ELEMENTS OF HISTORIOGRAPHY

Objective

- To introduce the Methodology in writing history.
- To motivate students to do research

UNIT I

Meaning – Definition, Scope and Purpose – meaning of history – different definition of History- Scope – purpose – History and Allied subjects; relationship of History with Politics – Geography- Economics – Literature – Sociology – Branches of History- Political, Social, Economic, Cultural and Constitutional, Women History.

UNIT II

History – Science or Art- both Science and Art – a Social Science

UNIT III

Uses of History- Abuses of History- Lessons of History - limitations of History.

UNIT IV

Some Eminent historians and their contributions – Herodotus, Thucydides, Gibbon, Tonybee – Kalhana – Abul Fazl – Jadunath Sarkar - Nilakanta Sastri.

UNIT V

Introduction to Methodology – meaning of research – the pre requisites of a research scholar – Selection of topic – Stages of research.

Reference Books

- 1. Arthur Marwick The Nature of History, (Macmillan, Chennai)
- 2. Rajayyan.K. History in Theory and methods, (Raj Publications, Madurai)
- 3. Subramanian.N Historiography, (N.S.Publications, Madurai).
- 4. Sheik Ali.B. History in Theory and Method, (Macmillan Chennai)

SEMESTER - VI

YOGA AND MEDITATION

Objectives

> To create a healthy society

UNIT I:

Yoga - Yogin - Guru - Shishya - Diksha - Eight Limbs of Yoga.

UNIT II

Detailed study of Patanjali's Yoga Sutra.

UNIT III

Contribution of Tirumular – Ramalinga Adigalar (Vallalar)–Swamy Vivekananda.

UNIT IV

Meditation – Forms- kinds of meditation – mindful meditation – concentration meditation- walking meditation- Religious concept- Hinduism- Buddhism – Jainism- Islam and Christianity.

UNIT V

Kinds of Ashanas – Ten types of Pranayamas.

Reference Books

1. George Feuerstein - Yoga the Technology of Ecstasy

2. B.K.S. Aiyangar - Light of Yoga

3. George Feuerstein - The Yoga Sutra of Patanjali.

SEMESTER -VI

EXTENSIONAL ACTIVITIES